



E-SOUL: VOLUME 2

# FAMILY

*BY WHITE BEAR*



[SAVIOURWORLD.COM](http://SAVIOURWORLD.COM)



E-SOUL: VOLUME 2

# **FAMILY**

BY WHITE BEAR

<b>FAMILY TIES</b>	<b>3</b>
<b>CHOOSING A FAMILY</b>	<b>11</b>
<b>MOTHERS</b>	<b>18</b>
<b>FATHERS</b>	<b>26</b>
<b>BROTHERS</b>	<b>33</b>
<b>SISTERS</b>	<b>45</b>
<b>THE 1950S</b>	<b>53</b>
<b>MODERN DAY</b>	<b>60</b>
<b>YIN AND YANG</b>	<b>76</b>
<b>BUILDING A FAMILY</b>	<b>95</b>



**SAVIOURWORLD.COM**

KNOWLEDGE FOR MEN

## **FAMILY TIES**

**FAMILY.**

**IN MOST CASES...**

**WE ARE ALL BORN INTO ONE.**

***WE ARE ALL BONDED BY BIRTH  
TO SOME FORM OF PARENTING  
AND POSSIBLY SIBLINGS.***

**We may even have a large extended family energetically intertwined into the equation.**

**I say energetically because that is exactly what a family is!**

**A group of souls that you are energetically bonded to...**

**Energetically tied to.**

**Think of the process of birth.**

**As you arrive into the world you are tethered to your mother through a physical representation of this bond...**

**The umbilical cord.**

**What most people don't understand...**

**Is that when that umbilical cord is cut...**

**The energetic bond is not broken!**

**The umbilical cord fed you energy in the form of physical nutrients.**

**But your mother was not only providing you with physical energy...**

**Spiritual energy was also needed...**

**And an energetic tie was created between you and your mother in order to facilitate this transaction.**

**The bond between you and your mother's womb was physical through the umbilical cord...**

***BUT IT WAS ALSO ENERGETIC...***

**A spiritual tether that connected you.**

**This tether...**

**This energetic tie...**

**Is not visible.**

**And unlike the umbilical cord...**

**It is not cut at birth.**

**You remain connected to your mother**

energetically unless the spiritual connection is broken.

This can happen through abandonment or separation of some form.

Family members will often be called upon to bridge the gap...

But it is never the same as the unique energetic bond that the mother and child share through this tie.

***SO WHY IS IT NOT CUT AT BIRTH?***

Can you imagine if the umbilical cord wasn't cut...

That wouldn't be healthy!

So why is the spiritual tether not disconnected?

Well...

Partly because the knowledge of this tie has been lost so midwives and doctors wouldn't know how to anyway.

But more importantly...

Because for the first few months of your life in particular...

**You actually need this spiritual connection to facilitate your ongoing nourishment.**

**Nourishment in the form of spiritual energy from the mother.**

**Luckily you don't experience the tether in the physical form like you do the umbilical cord otherwise this would be an inconvenient tie.**

**But it is just as real and serves an important role in the ongoing development between the mother and child.**

**These energy ties exist between all family members...**

**But the energetic connection formed between you and your mother in the womb is in most cases the strongest!**

***IT IS THE HARDEST ONE TO DISCONNECT FROM...***

**Which is exactly what the child should do as life goes on.**

**But in such a spiritually disconnected society...**

**The knowledge of how to has been lost!**

**If the bond is not broken at the correct time...**

**Mothers remain energetically tied and inhibit the child's growth due to energetic over feeding.**

**The child does not learn how to sustain itself and the mother becomes over protective as the child fails to take its independence.**

**This forms a vicious cycle and slows disconnection further.**

**The child should gradually find energetic independence and guidance should be facilitated through the mother's intuition as to the correct time to break the cord.**

**Mothers who are weak energetically, particularly after the birthing process, may have a difficult time facilitating the gradual release.**

**They end up feeding off the child's energy which again...**

**Inhibits the child's growth into adulthood.**

**Dependence can go both ways though.**

**The child may not want to break free due to lack of energetic stability...**

**Particularly in today's confused and chaotic**

**society!**

**A society that does not support the  
nourishment of spiritual energy.**

**Mothers are forced into positions of over  
protection and end up holding onto a tie that  
in truth...**

***THEY KNOW NOTHING ABOUT!***

**They wouldn't hold on if they knew how  
much of a disadvantaged position they were  
placing their child in.**

**But it is subconscious.**

**Society does not teach mothers about energy  
and the spiritual bond...**

**So they know nothing about it!**

**If the mother does not let go...**

**Then it is down to the child and its personal  
will to break free.**

***YOU MUST UNDERSTAND...***

**Through lack of knowledge in our modern  
society...**

**You will remain connected until you choose  
to disconnect.**



**You will remain in a child like state until you choose to disconnect!**

**And it is not just from our mothers.**

**Energetic ties exist between all family members...**

**And these ties have a significant influence on the men we become.**

**The purpose of this chapter was simply to give you the understanding that these energetic bonds exist...**

### ***FAMILY TIES!***

**You are tied to your family through a spiritual connection and in order for you to grow up...**

**To awaken into the man you are meant to become!..**

**You must understand how these connections influence you.**

**You must understand how your family members energetically influence you!**

**If you don't understand...**

**If you don't know how to disconnect and take responsibility for yourself...**

**Then you remain in a child like state.**

**You may inhabit a man's body...**

**But that doesn't make you a man now, does it?**

**So let's dig deeper into the family dynamic to ensure you get the knowledge you need...**

**To become a fully awakened man!**

## **CHOOSING A FAMILY**

**I WANT YOU TO TAKE A SECOND  
TO THINK ABOUT YOUR FAMILY.**

**How do they make you feel?**

***HAPPY...***

***SAD...***

***ANGRY?!***

**How have they influenced your experience of  
life?**

**How do they continue to influence your  
experience of life?**

**Maybe you were adopted or abandoned.**

**How does that make you feel?**

**Whatever your family circumstances...**

**You need to know something very important!**

***YOU...***

***CHOSE...***

***YOUR...***

***FAMILY!***

Your family members were your choice.

What?!

***WHAT ARE YOU SAYING  
TO ME WHITE BEAR?!***

***I DIDN'T CHOOSE MY FAMILY...***

***I WAS BORN INTO IT!***

Yes...

Yes you were.

But before you arrived...

You chose the family you were going to be born into!

I know this will sound crazy to your logically conditioned mind...

But bear with me...

I will explain.

Let me start by saying one word to you...

***REINCARNATION.***

You will have heard of this word and concept before I'm sure...

**But just in case you haven't...**

**Reincarnation is defined as the rebirth of a soul in another body.**

**Many religions speak of reincarnation.**

**For example...**

**Buddhism and Hinduism.**

**Now we are not getting into religion here...**

**We at Saviour World do not feel that a religion is necessary to experience life in a conscious state.**

***CONSCIOUSNESS IS A CHOICE...***

***ONE THAT WE ARE ALL GIVEN!***

**But we do recognise that even though many religious texts have been tampered with to suppress the true knowledge from the people...**

**Reincarnation is a topic of truth that does exist in religious teachings and consequently...**

**It is something you may have heard of or even understand.**

**More so than the concept of you choosing**

**your own family anyway!**

**But I will get you there my friend...**

**Using the concept of reincarnation to teach you!**

**If you can understand the concept of reincarnation...**

**Or at least understand that it is a concept that exists in this world...**

**Then you can understand how you chose the very experience that you are currently living in your current reality.**

**If your logical mind can fathom that there is a religious teaching that talks of a soul entering a new body after death...**

**Then why is it so crazy to think that before the soul enters the new body...**

**It has a choice as to which body it enters!**

**Religions on this planet have spoken about the concept of reincarnation for thousands of years.**

***IT IS A KNOWN ENTITY...***

***WHETHER YOU BELIEVE IT OR NOT.***

**What I'm saying to you is one step before the reincarnation...**

**Or your initial incarnation...**

**Because that's what came first...**

**Your initial incarnation into this particular reality.**

**Before this...**

**You had a choice as to which body and life experience you were born into.**

**And you chose your experience and the body you entered based on what you wanted to learn!**

**What you have to understand is...**

**The fact that you have a choice as to which body you are born into...**

**Means you also have a choice as to which family that body is born into!**

**You have come into the 3rd dimension to experience and learn something unique to your soul...**

**And in order to do so...**

**You need other people to help facilitate that experience...**

**Help you to learn the lesson or lessons you came here specifically to learn!**

**Many other souls or people will help to facilitate these lessons...**

**But some of the most important ones...**

**Will be your family members.**

**And what you now know...**

**Is that you chose them!**

**You may have chosen not to have a family...**

**To be abandoned at birth in order to learn from that experience...**

**The experience of being energetically disconnected from the mother.**

***BUT EITHER WAY...***

***IT IS A CHOICE!***

**Now that you know this...**

**Aren't you curious as to why you chose the family you have or chose not to have a family?**

**Aren't you curious as to why you chose your current mother...**



**Father...**

**Brother...**

**Sister?**

**Do you want to know why you chose to be adopted or raised in foster care...**

**Or raised by a single parent?**

**I bet you do!**

**And you deserve to know!**

**So let's go deeper!**

**Let's look into family members and how they influence us energetically.**

# MOTHERS

**THE MOTHER.**

**FOR MANY THIS WILL BE THEIR  
FIRST EXPERIENCE OF YIN ENERGY  
IN THE PHYSICAL FORM.**

**A mother is meant to represent this very  
energy in your life...**

**Yin...**

**The feminine!**

**She is meant to nurture...**

**To pacify...**

**And to soften the experience of life.**

**Life can be hostile.**

**It can be very restless...**

**A characteristic of yang energy.**

**When life treats us this way...**

**We need a nurturing mother to soften and  
pacify the anger and restlessness of life.**

**This is why we run to the mother as a child...**

## ***WE NEED A CUDDLE!***

The hug we receive wraps us up in the spirit of the mother.

It softens our negative experience of the world and takes away all the pain.

Without a positive experience of the mother...

We tend to harden to the world.

We become very yang...

The masculine energy.

This of course has its uses...

We need a balance of yin and yang energy which both parents should provide.

But in this case we are talking about yin energy...

And it is the mother's job to provide this!

So what happens when we miss out on an effective delivery of this energy?

Well...

Our modern day world is obsessed with yang energy!

It is obsessed with the dominant energy it

imposes upon others.

The force of yang energy has been used to create fear and suppress the masses...

And at this current time in our evolution as a race...

It is being manipulated further to destroy the overall balance of yin and yang...

By diluting the yin!

Toughening the beauty and softness of the women who are meant to express it!

This is of course having an effect on our experience of the mother through childhood and beyond!

***THINK ABOUT THE SOCIETY  
YOU LIVE IN FOR A SECOND...***

Particularly if you are reading this from the western world.

There has been an agenda running for a long time now that has been promoting the identity of the independent woman.

I'm not going to sing it...

But I'm sure you're aware of or even know

the words to the Destiny's Child song  
Independent Woman.

It is an agenda that has been pushed through  
the mass media and popular culture like  
music for years now...

And it has gained momentum!

Now many men in this world have misused  
their power.

It has been used throughout history to  
dominate the yin energy and the feminine...

So it is understandable why women have so  
quickly accepted the independent woman  
agenda.

***BUT THAT DOESN'T  
MAKE IT CORRECT!***

Women having children and then spending  
limited time with them based on their pursuit  
of careers or lifestyles that resonate with an  
independent movement...

Is not healthy!

I understand that some women have no  
choice.

The man has not accepted his responsibility

as a father...

Or the couple need two jobs to live.

But in many cases, it is the agenda that has brainwashed the concept of independence into a woman and she feels insecure watching other women move with it...

She feels left behind...

So she too embarks on a career and independent lifestyle leaving the children without the full commitment of her energy.

Like I mentioned earlier...

A spiritual bond between the mother and child exists and when the mother is not around...

The child or children miss out on the delivery of spirit and yin energy through the mother's presence.

Women can of course pursue careers and whatever means of life expression they feel is correct for them...

But if they choose to have children whilst doing so...

**They must understand the impact it has on them when they are not around to deliver the feminine experience.**

**The child misses out on a form of nurturing that only the mother can provide!**

**The mother and the experience of yin energy through her is so important to a child!**

**Equality between men and women is of utmost importance too...**

**But if it becomes a choice between the pursuit of a career or independent lifestyle over the proper development of a child...**

**Then the choice must be made wisely.**

***A GROWING CHILD  
NEEDS ITS MOTHER!***

**It also needs its father...**

**The energies must be balanced!**

**Unfortunately...**

**Most rights have been taken from the father in our modern day world and so if the relationship breaks down between the mother and father raising the child...**

**Which in millions of cases it does!..**

**Then that child also misses out on the correct experience of yang energy.**

**The mother is also forced to work if the father cannot provide enough income...**

**Meaning all parenting and support is divided and becomes confusing to the child.**

***DOES THIS RESONATE WITH YOU?***

**Maybe this was how you experienced life as a child?**

**Single parenting.**

**Or maybe your mother and father were both around but emotionally unavailable due to work commitments or the pursuit of the independent lifestyle.**

**Both parents had a huge role to play from an energetic perspective in how you were raised.**

**The mother should provide the nurturing expression of yin energy to guide you on love, empathy and the power that lies within.**

**And the father...**



**Well he is the outward, active expression of yang energy...**

**The fire that you need in order to understand how to meet the world and life head on!**

**So what happens when you miss out on an effective delivery of yang energy through the father?**

**Let us discuss...**

# FATHERS

**THE FATHER.**

**IF HE IS AROUND...**

**THEN HE WILL BE YOUR FIRST  
EXPERIENCE OF YANG ENERGY  
IN THE PHYSICAL FORM.**

***FOR A BOY GROWING UP..***

***THE FATHER HAS A VERY  
IMPORTANT ROLE.***

**He must guide and awaken the young boy  
into his own expression of masculinity.**

**He must awaken the boy into a man.**

**He must facilitate the awakening process!**

**If the father fails to awaken the child from  
boyhood into manhood...**

**Then he is left in a child like state.**

**He remains a boy.**

**From then on he will remain dependent on  
others.**

**He will not understand how to take**

**responsibility for himself or his own actions and therefore...**

**Will drift through life with no accountability.**

**He will not hold himself accountable for his actions and will look to blame others for his lack of success.**

**When I say success...**

**I do not mean in the material form.**

**I mean it from an ascension perspective.**

**A boy must awaken into a man in order to begin the ascension process.**

**The ascension process being his pursuit of the higher vibrations...**

**The higher echelons of energy that can only be reached from a high vibrational state.**

**A young man must pass the trials and tests of his own life and human design in order to ascend to the bountiful energetic fields.**

**From here he can burn the energy in order to make a path for others.**

**He burns his own light in order to shine a light for those in the darkness.**

Perhaps he creates an invention...

Or burns his way to a high level of athletic ability allowing him to stand on an international stage and inspire the masses!

However he has decided to manifest himself in his true physical form...

***HE CAN ONLY CREATE IT WITH ACCESS TO GREAT ENERGY.***

This energy can only be accessed through a successful awakening process which must be facilitated by the father!

From there he can pursue and climb the energetic scale for himself...

Intuitively connecting to his soul and life purpose based on the accountability he has for his own actions.

A man looks to no one but himself for guidance.

He needs help from those who are destined to assist him...

But he relies on his own energy to find the way.

The father must teach the boy to find this

internal strength and how to access this internal energy.

***THE FATHER...***

***IS THE KEY TO A BOY'S SUCCESS AS A MAN.***

Unfortunately...

The world we live in is not full of men...

It is full of boys!

Boys who inhabit male adult bodies...

But haven't awakened into them.

They remain in a child like state because the father has been absent.

He left at birth.

He is incarcerated.

He has died.

He was still a boy himself and so had no way of taking on the responsibility of raising another boy into a man!

How can he teach that which he does not know?

You can only awaken a boy into a man if you

are first a man.

You must have received the knowledge in order to guide another.

The role of the father in a boy's life is significant.

Without the father...

The boy has no hope of awakening into a man.

Is this how you experienced life...

Without your father?

Perhaps he left...

Or was absent in another form?

Perhaps he was in your life but was always working or just emotionally unavailable...

He was there but was never present?

Don't worry...

With all of these examples your father has still done you a great deed.

He enabled you to access this world through the right of birth...

And now that you are waking up you will take

that blessing...

***THE BLESSING OF LIFE!..***

And use it to make something not only of yourself...

But others too!

You may not yet have awakened but if you are here...

If you are reading this...

Then you are awakening!

You were not guided here by accident...

You came because you wanted to find your own way...

And with this knowledge...

You will!

So let us continue!

The family network is of upmost importance when it comes to our experience of life and ourselves.

Perhaps you have a large family...

Perhaps you don't.

Perhaps you have siblings...

**Perhaps you don't.**

**How do these characters impact upon our lives?**

**Let us explore...**



## **BROTHERS**

**A BROTHER IS MOST CERTAINLY A GIFT.**

**A BROTHER IS A FRIEND...**

**A soul who came to share the load of life with you.**

**Maybe you are a brother?**

**Older or younger?**

**If you are older...**

**This is exactly what you should do...**

**Share the load.**

**In fact...**

***CARRY THE LOAD!***

**You should guide based on the lessons you have learned from your own life journey which takes the pressure off your younger brother's shoulders.**

**As an older brother...**

**You should be a good teacher.**

**If you are younger...**

**Then you get to watch and learn.**

**You must be guided and nurtured by your older brother based on his experience of life.**

**This is a humbling journey...**

**A facilitated life plan.**

**As a younger brother...**

**You should be a good student.**

**Whether older or younger...**

**This would be an arrangement you chose...**

**Set out before incarnation...**

**And is based on what you wanted to learn from the relationship.**

**Your brother will be by your side to teach you...**

**Whether he is older...**

**Or younger.**

**Whether you are older...**

**Or younger.**

**What will you teach?**

**What will they teach you?**

***WELL...***

**An older brother will teach you how to lead by his example.**

**An older brother should be a leader...**

**And consequently as a younger brother...**

**You would be his follower!**

**Until you are ready to walk on your own...**

**You will follow and learn.**

**There are many lessons to be learned from this experience.**

**For example...**

***HUMILITY.***

***EMPATHY.***

***LOYALTY.***

***HONOUR.***

**As the older brother...**

**You need to fulfil the lead role.**

**You enable the younger brother to learn and feel these characteristics.**

**This involves taking on early responsibility.**

Your brother is looking up to you and you must consequently hold yourself accountable for your actions from an early age.

Correct parenting will ensure that you are prepared for this role.

A role that will teach leadership...

Courage...

And compassion.

But correct parenting is the key to you learning this role successfully!

Being an older brother is a responsibility.

***HOW DO YOU LEARN HOW TO BE AN OLDER BROTHER?***

Well the father has a significant role to play in the teaching of the leadership and courage that is required to guide a younger brother.

You are going to have to go first and as an older brother...

You are going to make some mistakes and must have the courage to pick yourself back up and learn from them.

Your younger brother is watching and will

**emulate your responses later in life.**

**But first of all...**

**The older brother must see the father do it!**

**He must have witnessed the father overcome adversity in his own life in order to replicate his behaviour.**

**Then when the chips are down...**

**The older brother will respond in the way he has seen his father do so many times.**

**Monkey see...**

**Monkey do...**

**As they say!**

**If the father is lazy, weak and unmotivated...**

**Then the majority of the time...**

**So will the older brother be.**

**He is replicating his father's energy.**

**This isn't always the case!**

**Some fight back and use their father's energy as a sounding board of what they don't want to be...**

**But most of the time...**

The behaviour is replicated.

So the father's own courage and leadership has a direct impact on the older brother's delivery of guidance to the younger brother.

### ***WHAT ABOUT COMPASSION?***

The older brother must compassionately lead his younger sibling...

But where does he learn this?

Well this is very much a yin teaching...

Which requires the mother's input.

A mother must nurture the compassionate side of the older brother to ensure the younger brother receives loving guidance...

Otherwise the experience will be too hard!

Too yang!

Balanced yin and yang...

Aka correct parenting...

Must be facilitated from the beginning in order to teach the older brother how to be exactly that...

Older...

**And therefore...**

**Wiser!**

**So what about the younger brother...**

**How does he know how to be just that...**

**The younger brother?!**

**Being led requires humility.**

**You must be humble to follow.**

**If the parents are egotistical teachers then the younger brother will find this very difficult.**

**Correct parenting ensures that the younger brother looks up to his older brother...**

**Rather than down.**

**He must understand that his older brother is a gift.**

**He has gone first in order to bear the brunt of life and teach from his mistakes.**

**This should allow for a gentler ride for the younger brother...**

**If he chooses to learn!**

**A humble approach is required to learn and**

this can only be taught by humble parents.

The father in particular with this characteristic.

If he is a proud man then his ego will not let him learn.

The younger brother will see this and replicate the behaviour.

The younger brother will know it all...

***JUST LIKE HIS FATHER DOES!***

What we see as children is what we mirror...

And as a younger child...

We are witnessing the behaviour of parents as well as older siblings.

But if it is done right!..

The younger brother should learn how to succeed in life from the lead example of the parents...

And the older siblings.

Which brings me to my next point...

Empathy.

A younger brother must empathise with his



**older brother.**

**He must recognise the lead role his older brother is playing for him.**

**He has faced certain adversities so that he doesn't have to!**

**He went first...**

**Tested the water...**

**And the younger brother must empathise with that role he has played...**

**In order to respect it!**

**Otherwise once again...**

**He will look down at the older brother...**

**And not up to him.**

**Similar to compassion...**

**The mother has a significant role to play in this teaching.**

**Empathy is a nurturing and yin characteristic and only the correct parenting from a mother can provide such a full understanding of it.**

**The younger brother must empathise with his older brother...**

In order to honour him.

He must honour his ways.

He must honour his teachings.

He may grow beyond them or walk a different path as he evolves from a boy to a man...

But he will always honour his older brother!

Honour him by walking his own path as a leader...

With courage...

And with compassion.

The characteristics he learned from his brother.

***BROTHER...***

***SUCH A SACRED ROLE TO PLAY  
IN ANOTHER SOUL'S LIFE.***

A blessing.

An honour!

Unfortunately...

You are only as good a brother as you are taught to be.

If the coaching isn't good...

**The parenting...**

**Then you will have to learn the hard way!**

**Then the balance between the siblings may be off and will cause hate...**

**Dis-trust...**

**And rivalry!**

**How many sibling rivalries and arguments are there in this world?**

**This isn't bad brothers and sisters...**

**This is bad parenting!**

**Siblings are meant to help each other through life.**

***AS FRIENDS.***

***AS LEADERS.***

***AS TEACHERS.***

**There is a lot to be learned from being or having a brother.**

**At the same time...**

**As a boy, young man or man...**

**There is a lot to be learned from having a sister!**

**This we will now explore...**

# **SISTERS**

**THE SISTER...**

**ANOTHER SACRED ROLE TO PLAY!**

**For a young boy...**

**The older sister is a means of exploration into the energy of yin.**

**He watches his older sister navigate the world through her softness and loving nature.**

**She guides him on matters that he maybe wouldn't approach his mother about...**

**How to correctly court a girl for example.**

**She is his sounding board when it comes to women and as he watches her...**

**He learns how to work with the yin energy himself.**

**As an expression of yin energy...**

**She teaches him the ways of the feminine through her very presence.**

**He feels her love and understands how important it is to be rooted in this energy.**

**As a boy growing into a man...**

**One day he will command a huge amount of force through his yang energy.**

**In order to do so without causing harm to others...**

**He must understand love and how its power keeps him grounded in a compassionate and empathetic state of being.**

**Without love, a man is a wild and ruthless beast!**

**A primitive being with no control over the actions of his mind.**

***HE IS THE HULK WITHOUT BRUCE BANNER!***

**His ego becomes drunk on the force he commands and he aggressively navigates his way through life without a care in the world.**

**It is an unconscious state of being.**

**His soul is aware of the damage he is inflicting on himself and others...**

**But without love to hold him responsible for his actions...**

## ***HE DOES NOT CARE!***

The ego is in control and the only way to tame its wild ways is to make it accountable to love.

Love softens and tames the wild beast into a balanced and compassionate man.

A man who understands his energy and knows how to control the balance between his power and the force with which he delivers it.

How does a man learn how to do all of this?

How does a man get to understand love and balance?

***SIMPLE...***

***THROUGH A WOMAN!***

***A MOTHER...***

***A WIFE...***

***AND ALSO...***

***A SISTER!***

The older sister serves a noble purpose in a young man's life when it comes to the

education of love and the yin energy that a man should be rooted to...

We have established this.

But what about a younger sister?

How does she teach the energy of yin and love?

Well...

If I was to give you a female puppy dog to look after...

My hope is that you would guard and look after it with your own life if you had to.

The puppy's expression of innocent yin energy should naturally bring out a level of protective and unconditional love that you would not be able to feel without her presence.

Looking after a younger sister is exactly the same...

Only she is of course not a puppy...

She is your family.

Sometimes this can make it harder to love a younger sibling...



Family dynamics don't always lend themselves to the right type of nurturing environment for love between brothers and sisters.

Loving a puppy unconditionally is easy...

It is cute, fluffy and submissive to you.

Animals have taken a submissive role in our world to teach us unconditional love...

### ***SISTERS HAVEN'T!***

They have their own level of self-awareness and can make their own choices.

These will not always align with yours and consequently...

You may not always see eye to eye.

But that shouldn't stop you from loving them unconditionally!

You hope that your sister will allow you to be a big brother so you can teach her and guide her on the ways of men.

Men can be cruel to women and as an older brother...

You will know this only too well!

Your preferential role would be to guide your younger sister so that she too can understand yang energy and how men can sometimes misuse it.

You want to teach her how to protect herself energetically from such cruel men.

*IF SHE LETS YOU...*

*THEN GREAT!*

Like the little puppy dog you will protect and care for her with unconditional love until she can do so for herself.

In return, this very experience will teach you about love and how to express it in a yin form.

You will learn about the importance of care and compassion through love from the experience of looking after your younger sister.

This is an ideal situation!

You must understand though...

And this applies to your relationship with an older sister as well...

The powers at be are creating a society that is having a direct impact on the relationship between yin and yang energy!

***CONSEQUENTLY...***

The relationship between brothers and sisters is in many cases...

Far from ideal!

Sisters with high levels of yang energy will not be teaching brothers how to love.

Brothers with high levels of yin energy will not be teaching sisters how to protect themselves.

Much of the responsibility for this falls on the shoulders of the parents...

But even they cannot fully negate the ill affects that such a chaotic and confused society is having on their children.

***MOTHERS.***

***FATHERS.***

***BROTHERS.***

***SISTERS.***

## ***NO ONE IS SAFE!***

**Society and its influence affects us all!**

**So we have explored the role of the immediate family...**

**In the majority of cases, the most important family that you will ever have!**

**Let's now look at the role of society on the dynamics of energy shared between family members...**

**And its influence on family life overall!**

**In order to do so...**

**It may be worth contrasting it to what many would call...**

**The golden age of family!**

## **THE 1950s**

**LET'S GO BACK IN TIME...  
TO THE 1950S!**

**Many from this generation would call it the golden age of family values and also...**

**An age of community commitment!**

**People were very much committed to their families...**

**But also to each other!**

**Times were hard and people had to rally together to make life work...**

**Not just at home but within the neighbourhood and beyond.**

**Remember people at this time had just survived World War 2...**

**So they had learned the value of togetherness within the community.**

**The community was an extension of the family!**

**When it came to the immediate family...**

## ***VALUES WERE CLEAR.***

**Respect was shown to adults....**

**And children had to behave or bear the consequences of their actions.**

**It was as simple as that!**

**When it came to day to day living...**

**Family roles were clearly defined.**

**The father was the breadwinner.**

**He was valued as the head of the household and respected as the provider and main source of income.**

**He was also head of discipline.**

**What father said goes and children were not inclined to argue based on the value of respect that was instilled into them from an early age.**

**Although the discipline was tough...**

**It kept order and also allowed for the contrast of free time and fun to feel like exactly that!**

**Ask yourself...**

**How can you know fun if you don't know**

discipline?

When the time came for enjoyment...

The father had an active role in the children's development through play time.

It certainly wasn't all fun and games but they were still an important part of the up bringing process.

An up bringing process that was headed by the father...

But most certainly managed by the mother!

***SHE WAS THE ENGINE ROOM.***

At this time the model housewife was a job that most mothers took very seriously!

The house was the mother's pride and she did everything she could to make it respectable and presentable.

The children were of course the number one priority and mothers in the 1950s should be commended for how far they could stretch a budget!

Many of them raising the children and feeding the entire family on limited funds.

They would make ends meet no matter what...

Although limited funds often meant limited toys and games.

### *CONSEQUENTLY...*

Outside was the place to be when it came to entertainment!

Children made the most of nature and their time with friends.

Everyone made the most of what they had and no one complained.

### *AFTER THE WAR...*

Freedom was all that mattered and people were more than happy to make the most of something they had fought so hard for.

At such a time...

Everyone became family.

A common cause had united them all!

Everyone worked together to make life that little bit more bearable...

And with this energy roaming between people, the neighbourhood and the



community...

It was a safe place for all!

Everyone looked out and kept an eye on each other.

Therefore...

Children could play and roam free!

They roamed until they were called in for dinner that is!

All meals were eaten at the table.

Dinner was eaten together as a family with the father at the head.

It would of course always be home cooked food!

***MOTHERS TOOK PRIDE  
IN THEIR COOKING...***

***AND NO FOOD WAS WASTED!***

Again, after the war and the rationing process that came with it...

People appreciated what they had and wouldn't dare waste food!

The majority didn't waste anything...

**Even water!**

**Bath night would be once a week with the whole family sharing.**

**Hot water tanks were small and costly...**

**So the family would rally together and make the most of the limited amount of hot water they could generate.**

**They would also make the most of each other!**

**That meant evenings spent talking, playing games and listening to the radio.**

**Television arrived in this era but viewing was kept to a minimum and controlled by the father.**

**Television programmes were watched and enjoyed as a family...**

**It really was family entertainment back then!**

**It really was...**

**A time of togetherness!**

**A golden age of family.**

**Of course not in all cases...**

**But being that the 1950s succeeded the second world war...**

**Most had learned the value in each other and sticking together...**

**Nowhere more so than within the family network that quite often, branched out into the community.**

**This was how it was.**

**This was family in the 1950s.**

**Now you knew it was coming...**

**Let's contrast that era with today!**

## **MODERN DAY**

**THE SAD TRUTH IS...**

**THE POWERS AT BE THROUGH  
THEIR CREATION...**

**Modern society...**

**Have done their best to infuse modern day  
family life with chaos!**

**This chaos...**

**Stems from confusion.**

**The confusion...**

**Stems from very undefined family roles.**

***NOBODY KNOWS THEIR PLACE.***

***NOBODY KNOWS THEIR PURPOSE.***

**Nobody knows how they fit into the family  
network and provide value to the group  
energy.**

**A family is a group energy!**

**When it is intertwined with clear values,  
respect and defined roles...**

It works in harmony to bring the best out of each individual member.

This was the case in the 1950s when the family group knew how it was meant to work.

At a time when life was hard...

It would only work...

If everyone did their job...

If everyone stuck to their role!

And each member whether that be a father, mother, brother or sister...

Even the extended family and outside community...

Had a clear and defined role.

Let's explore this with greater depth using the body as an analogy.

Defined roles are imperative for the cells in your body.

They have a specific job that they are designed for and in doing that job correctly...

***THEY KEEP YOUR BODY ALIVE!***

If your red blood cells suddenly decided they

wanted to be white blood cells...

Then you would be low in red blood cells and your body would be in trouble when it came to oxygenation...

Wouldn't it?!

Every cell in your body has a job to do and it doesn't complain!

It values its job and by doing it to the best of its ability...

No questions asked...

You get to stay alive!

Now take this analogy and apply it to the modern day family.

Unlike the 1950s when those job roles were very clearly defined...

Father was the breadwinner and head of discipline.

***MOTHER WAS THE ENGINE ROOM.***

Children were there to learn and respect the values and boundaries of the mother and father's teaching.

Unlike these 1950s definitions of family

roles...

Modern day is completely lost!

Very...

Un-defined!

Using our analogy...

The 1950s would've been a finely tuned body.

All cells working in harmony to keep the soul living in it alive and not only that...

Thriving!

By comparison...

Modern day family would be barely surviving...

If not dead!..

As the cells within are confused by the messages and signals being received from an external source.

They are all changing or looking to change roles based on the mixed messages from this external source.

***THIS EXTERNAL SOURCE...***

## ***BEING MODERN DAY SOCIETY!***

**A society that has been shaped and moulded by tyrannical minds that have purposely implanted the confusing messages to create chaos!**

**This confusion and chaos has deeply impacted the understanding of family and how family works as a group energy.**

**Fathers, mothers and children consequently have no idea how to work as part of a unit and keep the entity thriving!**

**They have no idea how to work together...**

**And are therefore the equivalent of a sick and tired body...**

**A body whose cells have no clear understanding of their defined roles.**

**With clearly defined roles in the modern family...**

**Like they were in the 1950s...**

**Order and balance would be brought to the current chaos of family life.**

**The problem is...**



**In a society that is so confused...**

**Bringing back the notion of clearly defined roles such as the father as the breadwinner...**

**Mother as the engine room...**

**And children as respectful but valued cogs in the machine.**

**Well...**

**In our extreme feminist, I can do anything, you don't tell me what to do society...**

***CAN YOU IMAGINE HOW THIS WOULD BE MET?!***

**Now I'm not saying that those roles would even fit modern day family life.**

**Times have changed and with technological advances, core values evolving based on new knowledge and major shifts in consciousness...**

**As well as the challenges of modern day parenting...**

**Maybe these roles wouldn't work?**

**For example...**

**Bath time in the 1950s was a family affair**

because of a lack of hot water accessibility.

Technology has advanced and now showers are pretty much a given in any modern home...

So family bath time in the same tin tub isn't necessary!

But the replication of the 1950s family meal time...

Which was eaten at the table and served as an important occasion when it came to social interaction...

Would be most beneficial as a re-inclusion to modern day households.

It is an experience that delivers many significant social lessons as well as introduction to healthy eating and cooking habits.

These teachings have been lost in the majority of modern homes because the eating at the dinner table experience has been lost to cheap ready meals, busy lives and screen based entertainment.

The defined role played by the mother as a

home cook on this occasion, delivered the positive lessons and was beneficial for her personal well-being as well as the family's...

But most women are too busy for it now and have access to convenience food that has made home cooking redundant.

This alongside the fact that many women are now conditioned to fight and see the housewife role as sexist...

Means that many would not want to include it into a defined framework of motherhood.

***AND MAYBE IT SHOULDN'T BE?***

Would home cooking in the modern day fall into the defined role of just the mother...

Or both the mother and the father?

This is what we are taking into account here!

Family roles in the modern day!

The 1950s and its defined roles may not work in the same way they once did based on societal changes.

Some changes being positive...

Like not having to share baths!

**And some being negative...**

**Like losing the beneficial social interaction that came from eating at the dinner table!**

**Whether positive or negative aspects of family life are experienced depends on many different and unique variables in the modern day.**

**Variables that may not have had such a significant influence in the 1950s.**

**For example...**

**Take single parenting.**

**Single mothers in particular.**

**In the modern day...**

**Single mothers are far more common than they would've been in the 1950s.**

**How is a child meant to receive a 1950s style breadwinning and disciplinarian father when there isn't one?!**

**I'm sure the child's mother would love a dependable, hard working and loving father to join the family...**

**But in a world of so many unawakened men...**

**Men who are still living as boys...**

**It's going to be hard to find!**

**The awakening process has begun and with help from Saviour World...**

**We will awaken men to their true power and responsibilities!**

**But until then...**

**How would family life and clearly defined roles work in modern day families?**

**Families consisting of single mothers...**

**Single fathers...**

**Grandparents raising children.**

**Broken homes are rampant in our society!**

**They are so common now...**

**Maybe even more common than stable and structured partnerships...**

**Which is a sad thought.**

**The 1950s model is a great one but would it work in our modern day society?**

**The answer...**

**Well maybe the exact roles wouldn't fit...**

**But some sort of clear definition most certainly would!**

**Whether society would take on new clearly defined roles at such a confusing time is a different story.**

**But that's what we can take away from the 1950s golden age model!**

**When we apply it to our 'cells in the body' analogy...**

**We see that it works so well because all the cells are comfortable with their defined job roles and perform them to the best of their abilities.**

**The cells create a thriving organism because they do not question their role...**

**Just like they didn't in the 1950s!**

**An external influence destroying this balance and forcing the cells to question their roles would have catastrophic effects on the health and efficiency of the body...**

**Which is exactly what has happened to family life in the modern age!**

**External influence from tyrants has forced**

beliefs and agendas into the minds of innocent people through clever programming and manipulation of society.

What are the ramifications of this?

Well we have women who want to fulfil the yang roles of men...

And consequently...

We have men being forced into the yin roles of women.

I am talking about this from an energetic perspective here.

Women embodying too much yang energy...

And men embodying too much yin.

This leads to children being raised by a confusing balance of yin and yang energy which they then pass on to the next generations.

***REMEMBER...***

Even if a red blood cell wants to be a white blood cell in the organism...

It doesn't make it one!

A red blood cell is great at being a red blood

**cell and it's what the organism needs.**

**When it doesn't want to do it based on its response to some form of external manipulation...**

**The white blood cells would have to step up and try to be red blood cells in order to compensate.**

**But they can't be red blood cells because their energy doesn't resonate with that role!**

**My point...**

**Women can't fulfil the energetic roles of men...**

**And men can't fulfil the energetic roles of women...**

**No matter how much they want to or society tells them they can!**

**The family entity thrives when men fulfil the yang energy role...**

**And women fulfil the yin.**

**We have learned that defined roles are the key to successful family living from our 1950s comparison...**



**But these would need be configured to suit the yin and yang energetic needs of the modern day.**

**Our ‘would both the father and mother’s role be to provide home cooked meals’ question from earlier applies here.**

**In many families both the mother and father now work so home cooking would be shared as a defined role between the mother and father.**

**Just the mother cooking for the family like it was in the 1950s may simply not be an option for the majority in the modern day due to the need for both family members to work.**

**Both work because the cost of living in modern society is more expensive than it was in the 1950s.**

**This also relates to the breadwinner role.**

**The father in modern society should be a breadwinner but that doesn’t mean the mother can’t be too!**

**It might be that the mother and father both have to be breadwinners to help make ends meet.**

***THEY CAN ALSO BOTH BE DISCIPLINARIANS...***

And both fuel the engine room to make the family work.

Roles can be shared by the mother and father in our modern day society...

But they each do it in their own unique way...

With their own unique touch...

Using their correct expression of energy!

A mother is the nurturing yin energy...

And the father the fiery yang energy.

The correct balance of yin and yang energy must be provided to the children in a family network in order for it to thrive!

Yin from the mother through a defined role...

And yang from the defined role of the father.

Even if there are no children...

Couples must find this balance in order for their family energy to thrive!

***HOW DO THEY FIND THAT BALANCE?***

How do families balance themselves and find

calm in the chaos of a modern day society that is trying to drive them apart?

***THE ANSWER...***

Lies in the correct expression of yin and yang energy as we have loosely discussed.

The 1950s model was an effective but now outdated expression.

The clearly defined yin and yang roles would be difficult to implement in a society with new values and so many broken family networks.

So what would work?

How do we re-balance yin and yang energy in the modern day family?

Let's take this further...

## **YIN AND YANG**

**THE MOST SIMPLE WAY TO EXPLORE THIS WOULD BE THROUGH THE CLEAR CLARIFICATION OF DEFINED ROLES.**

**We pinpointed this as being the success to the family golden age of the 1950s.**

**But remember...**

**We are looking to create new definitions for the modern era!**

**Definitions that embody the correct expression of yin and yang energy.**

**Fathers need to know how to apply characteristics of masculinity that embody yang expression...**

**And mothers need to know how to apply characteristics of feminism that embody yin expression.**

**Both fathers and mothers need to know which characteristics they should expect to find in a correctly aligned yang male and yin female.**

## ***BASICALLY...***

**As a man reading this E-Knowledge you need to know what to look for in a potential partner and what you must hold yourself accountable to as a partner.**

**When it comes to the children...**

**They will learn from the father and mother's correct implementation of these characteristics and will often embody them as brothers and sisters before imparting them on a family of their own.**

**You must understand...**

**It all starts with the father and mother!**

**They are preparing the children for life and must work with the correct alignment of yin and yang energy in order to deliver a true expression to the children.**

**They are their role models of yin and yang!**

**As you now know...**

**Society has blurred these lines causing mass confusion between the sexes.**

**So let's un-confuse things with an emphasis**

on 1950s style definition of roles...

But with the modern day in mind.

As we have alluded to...

The father and mother are the key to this energy being spread through the generations and un-doing the damage!

***YOU AS A FATHER...***

***OR FUTURE FATHER...***

***ARE THE KEY!***

And you must know what to look for in a potential mother.

So let's explore the correct expression of yin and yang characteristics for these two family roles.

There are many characteristics that could be discussed...

So many that an entire E-Knowledge volume could be written about them!

So for the purposes of efficiency...

Let's focus on the three main characteristics that the father and mother should embody through yin and yang expression in the

modern day...

Starting with the father!

***THE ROLE OF THE FATHER:  
LEADERSHIP***

In the modern day, an option to be the number one breadwinner in a family may not be possible due to the expensive living costs placed on us by society. This does not mean you cannot be a leader though! Just because you are not the man from a monetary perspective, doesn't mean you can't be the man when it comes to being the lead expression of yang energy for the family. The man being the only head of the household may be an outdated 1950s model. You and your woman will need to stand together as equal heads of the household in the modern day but when it comes to leadership, only you can provide the yang expression of it!

You are responsible for delivering a model leadership role to your children so they can emulate your practice in the future years of their lives. As we have mentioned, older brothers will need to lead younger siblings. Children will need to know how to lead

**those who are looking for it once they are incorporated into the chaos of society. They will serve as an expression of your light and your ways of leadership and they will do it well if taught correctly!**

**It is your job to serve as a leader by showing them what it means to take action! You will guide them on how to follow the spiritual sense of intuition when it comes to making decisions and to use the other senses of foresight, trust, peace and empathy. Empathy is a sense that your children will not necessarily experience much of in modern society as its teaching has all but been lost. Fathers must ensure that their children can empathise with others in order for us to undo the damage that psychopathic behaviour has done to our world.**

**Fathers are meant to lead through their fire and action, characteristics of yang energy! Also, do not forget that the most important role for a father to a son is for him to lead him through the ascension process. To ensure that he takes his energetic independence from his mother and his own energy, in order**



for him to awaken into a man. A father must lead his son from boyhood to manhood!

In our modern day society we have very few men embodying the true energy of yang. It's time for that to change and only leaders that embody the correct characteristics of yang and masculinity can do the job!

## **COURAGE**

Women and children within the family network must see the lead male figure embody a yang expression of courage!

There is no escaping the chaos of this world, especially in our present day. Chaos is upon us and children growing up are going to have to deal with it. To do so will need courage!

Remember, over protection from the mother leads to the child's inability to take energetic independence. This applies to the father too. If it's the mothers job to let go of the child, then it's the fathers job to teach the child how to let go! In order to let go the child must have courage and in order for a child to have courage it must have a reference point for it. It is the father's job to show courage when dealing with society and the chaos of life in

order to act as this reference point.

**Courage doesn't need to be the act of a warrior on a battlefield. Courage in modern society is simply to rebel against the ways of the system and to take your own energetic independence. If a child is going to take his energetic independence, they must see you having the courage to do it first!**

**How? Well a father who strives to make something of himself in business as a self-employed man is rebelling against the safety of a regular pay check from the system, this shows courage! A father who strives to learn how to defend himself through the pursuit of the martial arts is not leaving his personal safety in the hands of the police and the system, this shows courage! A father who sources his food from farms or grows his own vegetables in the pursuit of maintaining a clean body is not leaving his health in the hands of the poor quality nutrients available in the system's supermarkets, this shows courage!**

**Children don't do what we say, they do what we do! A father must live with courage. YOU**

must live with courage in order for your family to live it too!

## **CONTROL**

As a man you are the embodiment of yang energy. One of the characteristics of yang energy is restlessness! If yang energy is not controlled and channelled correctly then it eventually releases through emotion. In a man's case, this is quite often through anger!

Anger and male dominance has not got us very far in this world. Think of all the wars that have been started by a man's inability to control his emotions and yang energy. His inability to control his ego's responses to them. In the modern day, men must learn to channel their yang energy and control it! They must understand how to control their power!

The new world and the state of living we are leaving our children, is one that both men and women are responsible for. Women and children must see men exercise control over their power in order for them to trust them. As I mentioned, male dominance has got us into a lot of trouble! We must tame our wild

**ways. Now I'm not saying we must become yin! No, no, no! Society is trying to feminise us through various agendas but this would be catastrophic! It would completely destroy the balance of yin and yang. You as a man must embody yang energy in the masculine form in order to serve as an expression of it, not just for your immediate family, but your human family too! We are all a family and right now, your human family needs you to step up as a man! Society needs you to take control of your yang energy and harness its power to deliver the leadership and courage that our world so desperately needs!**

**The world must trust in men again and the only way this is going to happen is if we take control of our yang energy and use it for the delivery of good! We burn our light to shine in the darkness for others! Not just our immediate families, but our human family too! Use your yang energy to pursue noble and honourable tasks within society and eventually, society will trust us with our power once again!**

## ***THE ROLE OF THE MOTHER:***

### **LOVE**

Unconditional love. Only a mother can offer the unconditional yin expression of love in this way. A father can unconditionally love but it is from a different energetic perspective. A mother's unconditional love nurtures us like it did in the womb. This is why it is such a strong connection, because its unconditional nourishment sustained us in the womb and continued to do so through the spiritual tether as we grew from children to adolescent souls.

This is where the spiritual connection should be broken as adolescent souls awaken into adult form but the unconditional love a mother has and expresses through her yin form will never be broken. Even if she has become unconscious of its presence, the nurturing power of a mother's unconditional love and its bond between her and the child can always be felt!

I mentioned in the first chapter of this book that the bond can be broken through abandonment forcing other family members

to step in and replace the love but in truth, the tether is quite simply stretched rather than broken. Even through abandonment a mother provides the energy of unconditional love to the child through the spiritual tether and immediate family, adopted parents or foster parents merely bridge the gap. They help to energise the bond as through the stretched tether, the unconditional love is most certainly weakened, but always present. Only the mother can deliver such a powerful and nourishing form of love to a child through her yin form. Mothers should be there to provide this love until their dying day.

Unfortunately as we have discussed, modern day motherhood has become confused by society's agendas and manipulation and consequently, the children of the modern day are receiving a limited and diluted supply of such an important form of nourishment. It is always felt but mothers must ensure they are able to give their undivided attention to a child in order to ensure it receives the strength of connection required to feel loved. This should be one of the deciding factors

in the decision to have a child, the ability of the mother to be present through the early stages of growth and into adolescence. If it cannot be guaranteed, then mothers should think twice before birthing a child.

No mother should bring a child into the world that she cannot unconditionally love to her full potential and no father should allow that to happen! Our children deserve our undivided attention in order to ensure that they receive the knowledge they need to navigate the world and create a better one than we have!

## **PATIENCE**

If there was one thing that mothers in the 1950s had, it was patience. They had waited for their husbands to return from war, waited to see if their country was going to win its freedom, waited to find out if family life was going to continue as it did before or if they were going to have to find a way to survive and thrive without a father or even a different societal agenda placed on them by a new rule. It sounds crazy now but this was the reality of life during the second world



war and the 1950s mother had to find and know patience in order to wait out these possibilities.

They say patience is a virtue. What does that mean? Well, it is defined as a behaviour showing high moral standards. When a mother expresses these moral standards through her yin form it is expressed as beauty. A patient mother is a goddess! She is calm and composed in the face of chaos and whereas the father's role may be to respond to the chaos through action, a mother's job is to stare it in the face and remain calm. A patient mother is righteous, good and pure. She radiates light and can be trusted by the father and children as the voice of reason when life outside the family unit seems so unreasonable. She will have the patience to understand and find reason in the chaos. She will remain calm in the chaos and the family will feed off of her virtuous energy.

Only a mother can express patience so powerfully and beautifully through her yin form. In a modern world of such chaos, we need our mothers to rise as an expression of



such power and beauty once again!

## **SENSITIVITY**

**Sensitivity is how we connect to feeling. We sense our feelings from a state of consciousness. When we are unconscious we do not sense our feelings and respond to them accordingly, we instead believe we are our feelings and become them.**

**For example, in a conscious state we will feel sadness but know that we are not sad, we are just feeling sad based on an experience we are going through. Consequently, we separate ourselves from the sadness and respond with logical action to overcome the reason for its inception. In an unconscious state we cannot disassociate ourselves from the emotion because we cannot sense where it is coming from. We cannot feel the difference between the emotion being separate from us and us actually being the emotion. Consequently, when we feel sad we think we are actually sad and succumb to the emotional rollercoaster that sadness takes us on, crying, depression etc.**

**Being able to sense and be sensitive to our**

**true perspective on life and our emotions is of utmost importance when it comes to not only surviving but succeeding in this world. You must be able to detach from your emotions otherwise they will rule you in an unconscious state for your entire existence.**

**A mother, as a highly emotional being, is deeply connected sensually to her feelings. When a mother has control over her emotions in her yin form, she is a powerful goddess with infinite wisdom and knowledge to share. Knowledge as to how to use the spiritual senses. The spiritual senses being intuition, foresight, trust, empathy and peace. If you want to know more about these then my brother Kronos has written about them extensively in E-Life: Volume 1 on Martial Arts.**

**What you need to know is that a mother within the family network serves a great purpose as a guide for the spiritual senses and how to use them. She should be empowered to deliver sensitivity training and enable the correct teaching when it comes to how to connect to the spiritual senses.**

Unfortunately, in our modern world, the spiritual senses and how to use them has all but been forgotten. The only way to remember is to go on an internal journey with the self. That cannot be explained in one bullet point but by reading this and connecting to Saviour World, you have made a great start and over time will understand more about the spiritual senses. What you must take from this is that sensitivity or being sensitive is something that is often portrayed as feminine in this world but when you have control of it, sensitivity through the ability to wield the power of your emotions is one of the greatest weapons you can access as a man! Look to the mother for guidance, the mother that resides within. Understand that and you are half way there my friend.

***SO THERE YOU GO!***

We have explored the three most powerful yang characteristics that a father should deliver to the modern day family...

And we have explored the three most powerful yin characteristics that a mother should deliver to the modern day family.

**As I have made you fully aware of...**

**Society is not going to make this easy!**

**The minds of humans have been manipulated to believe in certain agendas that are not serving the progression of its kind.**

**Bypassing this manipulation and delivering the correct expression of yin or yang energy to future generations is the only way we can undo the damage that tyrannical behaviour has done to our world.**

**If you honestly believe that the reality we live in is acceptable and doesn't need changing...**

**Then you might as well unsubscribe from this website as that is what we are solely focused on!..**

**The evolution of our consciousness and the delivery of a better world for future generations!**

***YOU AS A MAN HAVE A RESPONSIBILITY..***

**A responsibility to deliver a better world to your family and your human family...**

**As well as the family who have yet to come!**

**The ensuing generations are relying on us!**

**So how do we do this...**

**Deliver them a better world?**

**Well we must bring harmony back to the female and male expressions of yin and yang energy respectively.**

**We must re-balance the power struggle that takes place between the men and women of the world!**

**We must learn to live as the true expression of ourselves and seek to bring the best out of every man and woman in this reality!**

**The best way to do that...**

***IS TO START WITH THE FAMILY NETWORK.***

***THE FAMILY UNIT.***

**The father and mother have a responsibility to deliver the correct expression of yin and yang energy to their children.**

**The children will then grow to deliver the correct expression of yin and yang energy to the world as the adults for future**

**generations.**

**But it starts now!**

**It starts today!**

**Whether your family is just you and your woman...**

**You, your woman and children...**

**Or you, your woman, your children and a whole host of further family and community members!**

**No matter how big or small...**

**You as the man, an expression of yang energy must lead them to the knowledge they require to make the world a better place.**

**Knowledge is power!**

**So with this in mind...**

**Let's summarise everything we have learned about family and give you a final understanding of how to build one...**

**Build one in an energetically balanced form.**

## **BUILDING A FAMILY**

**SOMETIMES IN ORDER TO  
BUILD SOMETHING...**

**WE FIRST HAVE TO DEMOLISH!**

You need to demolish...

Demolish everything you knew about family and replace it with what you have learned from this E-Knowledge.

***FROM THERE YOU CAN BUILD!***

You now know that you and your family are energetically connected and the deepest connection resides between the spiritual tether that connects you and your mother.

This tether should be broken as you enter manhood but believe me...

Some of you are fully grown adults and still haven't broken free!

It's time for you to do so!

You must take responsibility for your own life and learn how to sustain yourself energetically.

**The knowledge of how to do so will find its way to you and much of what you need is on this website.**

**What else have we learned?**

**Well you also now know that you chose your family!**

**I mentioned that you deserved to know why you did and it's for the simple reason that the family you chose gave you the best chance of completing your mission in this reality.**

**Every single one of us has purpose in consciousness's great plan and our family choices help us to fulfil that purpose.**

**If you chose to come into the world under seemingly negative family circumstances...**

**Abandonment...**

**Adoption...**

**Fostering...**

**Being raised by a single parent!**

**You must understand that you were not and are not a victim of circumstance!**

**I reiterate...**



**It is what your mission required...**

**And so it is what you purposely chose before  
you incarnated into this reality...**

**Before you became a soul expressing itself  
through a body!**

**What you must realise is that a lot of the  
time...**

**Those born to broken family circumstances  
have a greater advantage than those who are  
born in comfort.**

**The comfort of what most people have been  
conditioned to believe is a conventionally  
happy home.**

***COMFORT IS EVOLUTION'S  
WORST NIGHTMARE!***

**You will never grow if you are comfortable  
because you won't have the overriding  
stimulus that facilitates growth...**

**Pain!**

**In particular...**

**Emotional pain!**

**Abandonment and the other seemingly**

negative circumstances I mentioned could be your greatest ally for growth...

If you choose to see it that way!

That rich kid in the mansion with a mum, dad, brother, sister and dog may actually be lonely and bored out his mind!

I'm not saying this is always the case as that would be categorising one genre of family...

But we see that type of circumstance lead to child rebellion in many cases throughout modern society.

Your family arrangement was what you chose and whether it makes you or breaks you...

Is up to you!

*I KNOW THAT IT WILL MAKE  
YOU NOW THAT YOU'VE  
READ THIS MY FRIEND.*

The concepts of energetic ties and choosing a family before incarnation are big and difficult for the human mind to comprehend.

This is why you must understand that in order to build your own family around them...

You must first...

**Demolish what you know!**

**Forget the lies that have been forged by modern day agendas around family and the division that that they have created.**

**You now know that each one of your family members is a soul...**

**A soul that you are energetically tied to.**

***THEY CHOSE YOU AS  
THEIR FATHER...***

***YOU AS THEIR HUSBAND...***

***YOU AS THEIR GRANDFATHER...***

***YOU AS THEIR ADOPTED FATHER.***

**There are many father like roles that you can play.**

**Whatever the position of responsibility...**

**What you must do is effectively deliver the three yang characteristics we discussed to your family network.**

**You must also look to include a partner, wife, mother that embodies and can deliver the three yin characteristics to your family network.**

**Society will fight you at times...**

**But if you stay true to these principles and build your family values around them...**

**Much like they did in the 1950s!..**

**Then I can assure you that these modern day versions in their conscious forms will take care of you and your loved ones from the inside out.**

**From inside the family unit to the outside community they will serve you energetically and consciously all the way!**

**Just hold yourself accountable for the correct expression of your own personal energy...**

**The yang expression of energy and the correct delivery of its characteristics...**

***AND I CAN ASSURE YOU MY FRIEND YOU WILL ALWAYS FIND A WAY!***

**Life can be tough...**

**Family life can be tough...**

**But with this knowledge behind you and your family...**

***YOU WILL ALL THRIVE ONCE AGAIN!***

**I honour you brother...**

**Love to you and your family.**

***WHITE BEAR***

